



WHAT TO BRING ON ALL OUTDOOR ACTIVITIES

“Outdoor Uniform”

TO CARRY



Small day bag

- Lined with a waterproof bag or a drybag



Warm hat and gloves



Water Bottle# and a snack

- e.g. a flapjack



Torch#

- Ideally a headtorch



Spare jumper/ fleece

- e.g. School hoodie (in a waterproof bag)



Robust waterproof jacket (Essential)

Breathable (not a pac-a-mac or down/padded jacket!)

TO WEAR



Sports skin

- Or suitable baselayer
- e.g. wicking/technical t-shirt
- NO COTTON T-SHIRTS



School tracksuit bottoms

- Or walking trousers (quick drying)
- e.g. Craghoppers/regatta
- NO DENIM



School micro-fleece



Thick socks#

- Hiking or walking socks



Walking boots (Essential)

- Or wellington boots
- Or sturdy trainers/approach shoes



Waterproof trousers (Essential)

- Breathable, ideally with side zips

SUITABLE FOR THE OUTDOOR PROGRAMME/BRONZE DofE/FIELD TRIPS/ETC

West Buckland School can acquire the essential items in the red panels for you
which will be added to your school account, see overleaf.

Items marked with a # can be purchased from the School Tuck Shop

For more info contact : rph@westbuckland.com

For those pupils joining the CCF programme

I agree for up to £50 to be added to my school account to purchase walking boots/cadet shoes for CCF/DofE programme.

Signed.....

Date.....

Kit list for Bronze / Silver / Gold Duke of Edinburgh Award

If additional equipment needs to be purchased for example waterproof jacket/trousers and camping ancillaries such as a head torch, a further amount of up to £150 can be added to my school account. Items can be purchased in the local town with the help from the house parents/outdoor learning team. We endeavour to buy items at the best value for the pupils.

Signed.....

Date.....

| Item | Check | Item | Check | Item | Check |
|---|-------|---|-------|---|-------|
| A sun hat with a wide brim and sun cream. Plus warm hat and waterproof gloves | | 1 evening meal, breakfast, lunch. Aim for 2500 calories. No items that should be kept in the fridge | | Complete set of spare clothing, waterproofed in bags | |
| Sturdy water bottles to hold a minimum of 1.5 liters of water # | | A warm sleeping bag (waterproofed), roll mat | | Mug, spoon, bowl, # items to wash up with. Matches/lighter | |
| Small personal first aid kit (blisters / plasters) etc. # | | Torch # (ideally a head torch), notebook and pen #, whistle # | | Personal hygiene items. Hand wash, toothpaste, tooth brush, wipes /tissues are useful | |
| Walking clothes plus a warm fleece / hoodie | | Waterproof jacket/ trousers / walking or CCF boots. Good Quality walking socks # | | Rucksack 50 – 60 litres #. Lined with a waterproof bag # | |

Items marked with a # can be purchased from the School Tuck Shop
Rucksacks / sleeping bags / roll mats can be borrowed from the outdoor stores

More info on these activity programmes:

DofE = Duke of Edinburgh Award www.dofe.org

CCF= Combined Cadet Force www.combinedcadetforce.org.uk