



# WEST BUCKLAND SCHOOL

## BOARDERS' ACTIVITIES AND OUTDOOR LEARNING

### Boarders Activities

Activity	Approximate Cost
Outdoor Adventure / Theme Park	£12-£20
Air Extreme	£20
Art & Craft	£3
Overnight Trips	TBC in communication
Cinema	Pocket money
Paintballing	£30

Activity	Approximate Cost
Bowling	£10-£15
Trip to Local Cities	Up to £10
Sports Match	Up to £30
Quiz	Free
Dance	Free
Christmas parties	Free

For further information please see the reverse or contact **Mr Matthew Robinson** on [mfr@westbuckland.com](mailto:mfr@westbuckland.com).

### Outdoor Learning

Activity	Approximate Cost
Coasteering	£27
Mountain Biking	£30
Horse Riding	£25
Surfing	£27
Academic/Cultural Day Trip	Up to £35
Indoor Climbing	£7 Pocket money

Activity	Approximate Cost
Kayaking/ SUP	Free - £22
Bushcraft	Free
Archery	Free
Camping Weekend	Free
Local Walks (Coast/Exmoor/Dartmoor)	Free

For further information please see the reverse or contact **Mr Richard Hathway** on [rph@westbuckland.com](mailto:rph@westbuckland.com).

**All prices are approximate and subject to change.**

### Outdoor Learning

Throughout the term, there will be various opportunities for boarders to take part in outdoor learning based activities. These may be full day or activities such as visiting the local climbing wall during an evening. These activities have additional costs and specific risks or hazards associated with them. Whilst all practical steps are taken to minimise the risks for those involved, pupils should understand the need to take responsibility for their own actions and involvement whilst participating in these activities. (Should you have any questions, please do not hesitate to contact the school for further advice.) I am happy for my child to take part in these activities.

Your son/daughter could take part in an exciting youth award called the Duke of Edinburgh Award (dofe.org), it is held in high regard by employees and further education.

Bronze DofE Welcome packs £23 (Bronze Year 9 Silver Year 10) Gold £30 (Pupils aged 16+)

Bronze/ Silver expeditions £75 to £130 depending on location/level of award

Gold Expeditions from £130 - £225 depending on location (Pupils in Year 11/12/13)

They will need robust waterproof and warm clothing with sturdy footwear to take part in these Outdoor activities *please see separate Outdoor Uniform form.*

**We are unable to take your son/daughter off-site without your signed agreement.**

### Boarders' and Outdoor Learning Activities

I am happy for my child to take part in one or more of the activities described above and understand that some costs involved will be recharged to my school bill. This also gives my permission for my child to use the bus travelling to Barnstaple every Saturday morning and to be included in any theatre trips that are organised by the school.

I **do not** want him/her to take part in the following activity: .....

Printed name of child: .....

Signature of Parent/Guardian: ..... Date: .....

Activity	Notes
Paintball/laser quest,	Team challenge activity.
Local walks / Environmental conservation activities / art and craft activities	Going for a walk with a member of staff to see local attractions, nature, the coastline and beaches. Helping local organisations to do environmental activities.
Indoor or Outdoor Climbing	Learning to climb and belay other pupils safely. Could include abseiling (lowering themselves down a rock face).
Bouldering (Indoor / outdoor)	Bouldering is the challenge to climb short but tricky bouldering "problems" (a route, or sequence of moves) using balance, technique, strength, you land on crash pads from a height of 4-5 meters.
Lead climbing	Pupils showing a good standard of ability could be taught how to lead climb where the pupils clip the rope into placed karabiners or place their own rock protection outdoors.
Paddle sports (Kayaking, canoeing, sit on top, SUP for example)	Learning to use a paddle sport craft safely and under control. Could include learning to capsize into cold water and swimming while wearing a buoyancy aid. For more experienced paddlers could include slow moving rivers, white water and landing in small surf.
Sail craft	Learning to use a variety of sail craft, i.e windsurfers, solo boats, crew boats, yachts safely and under control.
Coast steering	Use appropriate sea and weather conditions to traverse the coast. Could involve scrambling over wet / slippery rocks, swimming, entering natural caves and jumps into deep water.
Archery	Indoors/outdoors Learning to shoot a bow and arrow safely and under control.
Orienteering/ Park Runs, fitness challenge events.	Finding controls in order over unfamiliar terrain using a map. Could involve running alone or in pairs. Taking part in local park runs and other fitness challenge events.
Camping overnight or Bush craft/ art with natural materials.	Camping in tents or learning to use natural materials to make shelters, small simple fires, outdoor cooking, could involve the use of small knives and saws. More advanced sessions could involve skinning and preparing game for cooking.
Cycling	Could involve cycling along country lanes, Tarka trail or using simple bridleways or
Mountain Biking	mountain bike trails involving steep corners, drop offs, purpose-built obstacles.
Surfing/ stand up paddle board (SUP)	Learning to use a surfboard or SUP safely and under control in the sea or artificial facilities.
Snow sports and sledging	Learning to use snow sport equipment and purpose made sledges safely and under control.
Team building activities and alternative pursuits (e.g. Ultimate Adventure, Big Sheep, Milky Way)	This could include working together to complete team challenges, quizzes, might involve lifting and carrying equipment or people to complete a challenge i.e. swamp crossing. Other activities could include taking part in alternative pursuits such as zorbing, slack lining, circus skills, interactive inflatable rides as used in corporate events.
Horse riding	Learning to how to prepare a horse and rider for a journey. Learning how to ride safely and under control.