

This is a typical day in the life of our boarders:

07:15	Wake up	18:30-20:00	Prep time
07:45-08:15	Breakfast	20:00-21:00	Activity time - (different
08:25	Roll Call in the boarding house		activities every day,
08:35	Leave for school		such as badminton,
			gym, basketball, volleyball,
Normal school lessons and activities			swimming, indoor climbing off-
			site, hockey, football, art club,
alongside the day students			singing, martial arts, yoga and
			many more.)
16:00-17:00	Return to the house after	21:00-22:00	Free time
	school and ECA activities	21:45	Lights out for Years 7 - 8
17:00-17:30	Time to relax and unwind		(phones removed overnight)
	after the school day	22:15	Lights out for the remaining
17:45	Dinner		years - time for sleep!
18:30	Roll call in the boarding house	23:00	Years 12 & 13 in own rooms